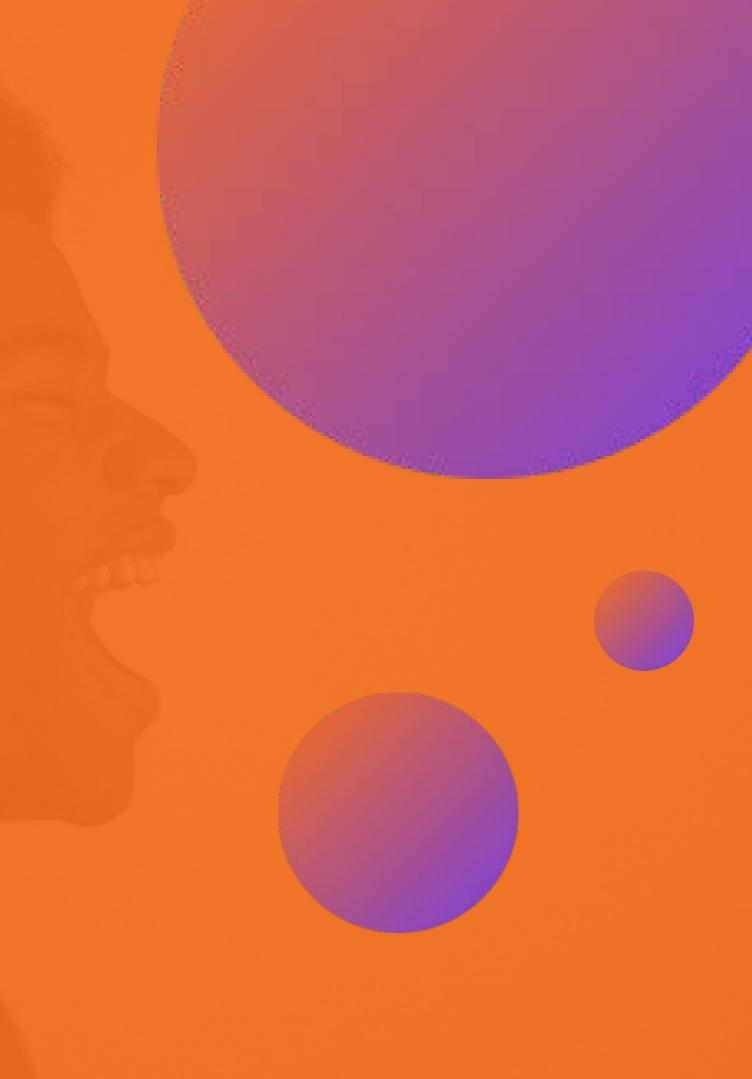


Kaleidoscope Youth Center

Cultivating Affirmation & Belonging for LGBTQIA+ Youth





Belonging Begins Here

Kaleidoscope Youth Center is the largest and longest serving organization in Ohio solely dedicated to serving and supporting LGBTQIA+ youth







History of mental health treatment

"-isms" in systems and institutions



We at Kaleidoscope Youth Center believe that all people, no matter how young, are the experts in their own experiences and should have control over their own private lives and their own futures.





Agenda

Youth Experiences Discrimination & Risk Factors









Findings from the GLSEN 2021 National School Climate Survey demonstrate that **Ohio schools were not safe for most LGBTQ+ secondary school students**.

In addition, many LGBTQ+ students in Ohio **did not have access** to important school resources, such as an LGBTQinclusive curriculum, and **were not protected** by supportive and inclusive school policies.

Kosciw, J.G., Clark, C.M, and Menard, L. (2022). The 2021 National School Climate Survey: The experiences of LGBTQ+ youth in our nation's schools. New York: GLSEN.



Discrimination in Ohio Schools

LGBTQ students in Ohio are regularly prevented from:



Using their chosen name or gender pronouns



Using the restroom or locker room that aligns with their gender







Wearing certain types of clothing in school

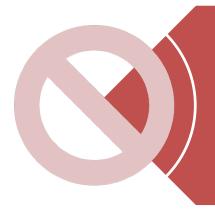


Including LGBTQ+ themes in assignments and/or extracurriculars

Playing school sports due to an LGBTQ+ identity



Discrimination in the Workplace



16% of LGB people report having been fired because of their sexuality





30% of transgender people report being fired, denied a promotion, or not hired because of their gender identity or expression

(2016). The Report of the 2015 U.S. Transgender Survey. Washington, DC: National Center for Transgender Equality



Discrimination in the Workplace



Over one third of LGB people report having been harassed at work



Over half of LGB people report having heard derogatory comments about sexual orientation and gender identity in their workplaces



Over half of transgender people have avoided using a public restroom in the past year

(2016). The Report of the 2015 U.S. Transgender Survey. Washington, DC: National Center for Transgender Equality





nis Photo by Unknown Author is licensed unde BY-NC-ND

Is it any wonder that over half of transgender employees and only one third of LGB employees are actually "out" at work?

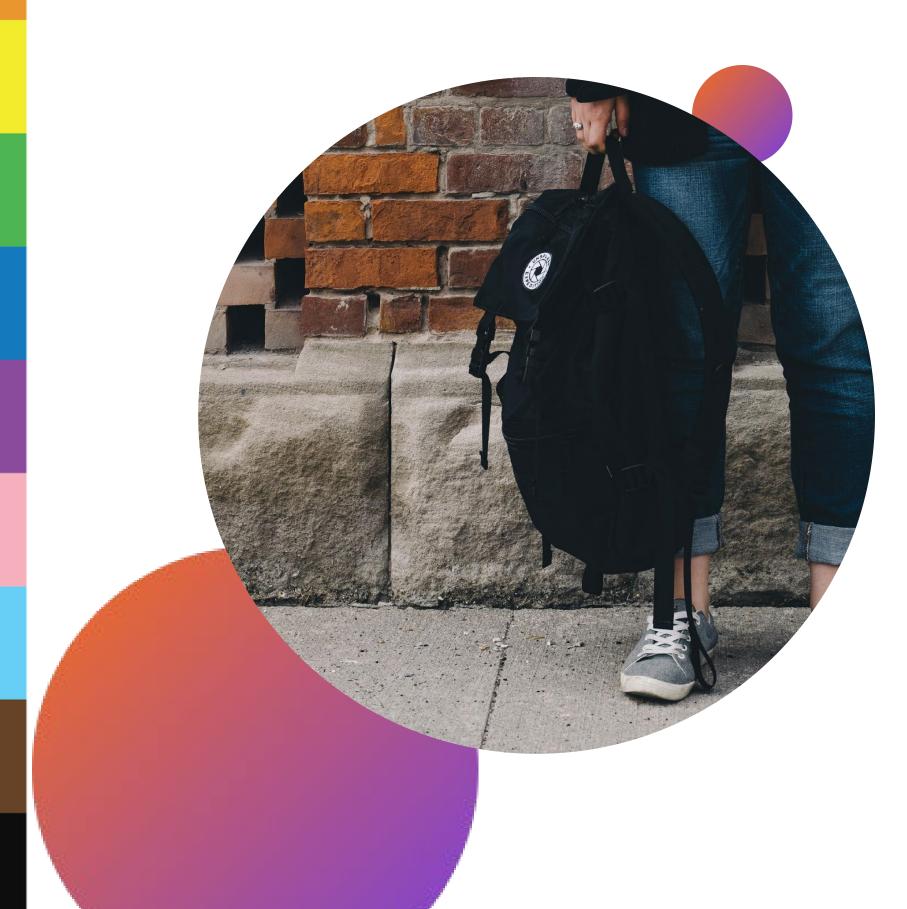


Anti-LGBTQ Discrimination means: more missed school • lower GPAs • lower self-esteem

Source: 2019 National School Climate Survey Learn more at <u>glsen.org/nscs</u>







2/3 of LGBTQIA+ students have heard family members making negative comments about LGBTQIA+ people

Privacy and confidentiality are extremely important

While many students are open about their LGBTQIA+ identity at school, only 21% are out at home.









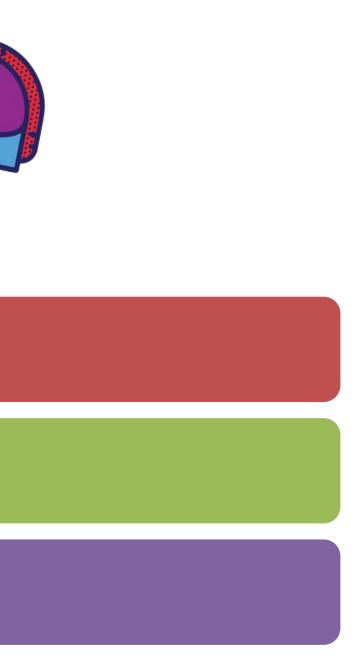
Housing Insecurity

38% of transgender girls/women

39% of transgender boys/men

35% of nonbinary youth

report experiencing homelessness and/or housing instability compared to 23% of cisgender LGBQ youth

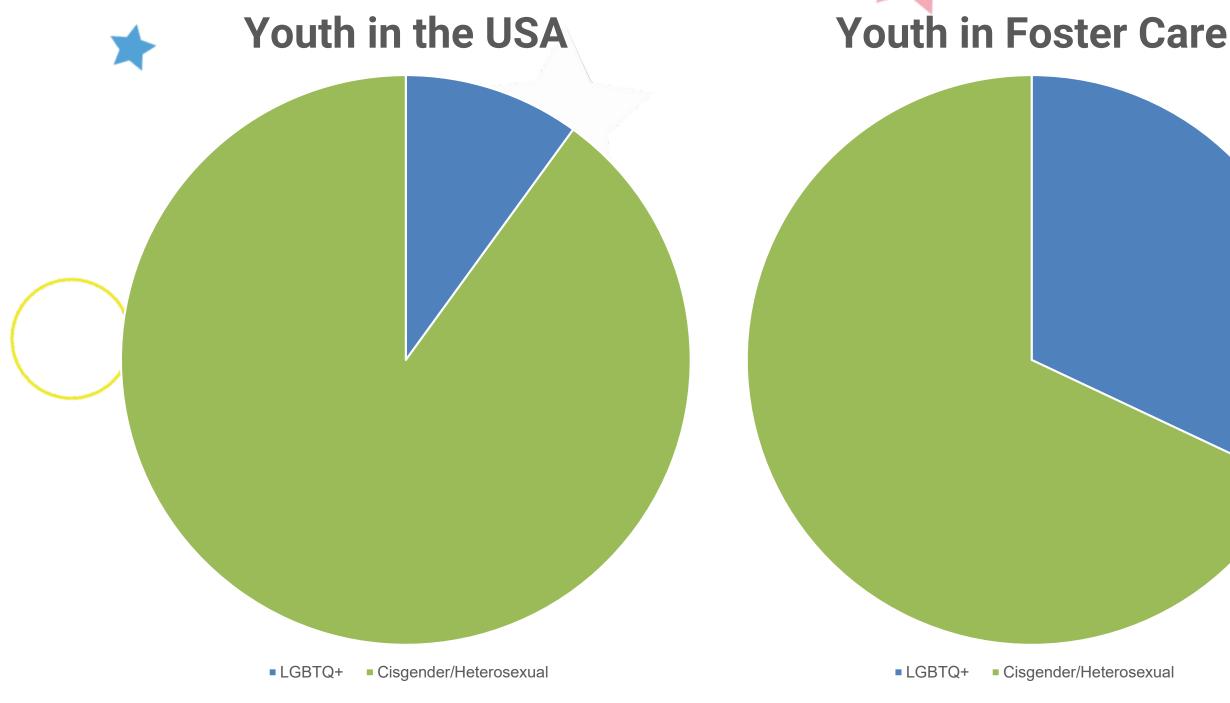








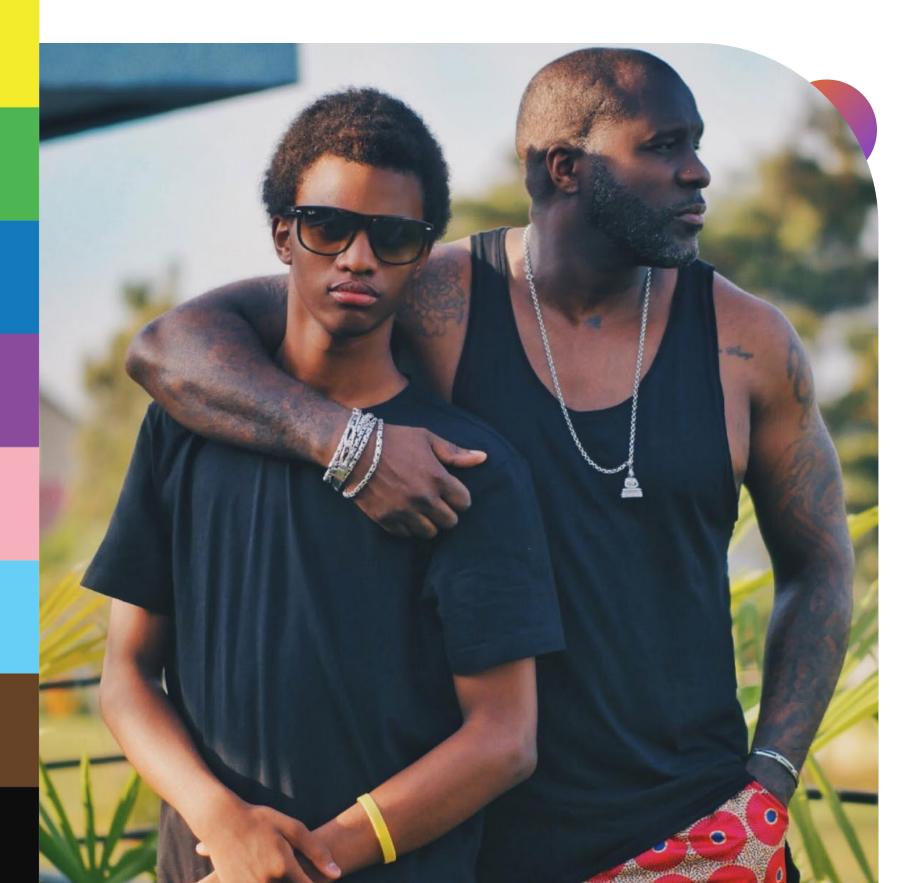
Experiences in Foster Care





.... ,• •**•**•• ::•





LGB Youth who come from highly rejecting families are 8.4 times as likely to have attempted suicide as their LGB peers who reported no or low levels of family rejection

Ryan, C., Huebner, D., Diaz, R. M., & Sanchez, J. (2009). Family rejection as a predictor of negative health outcomes in white and Latino Lesbian, gay, and bisexual young adults. Pediatrics, 123(1), 346-352. https://doi.org/10.1542/peds.2007-3524

Each episode of LGBT victimization increases the likelihood of self-harming behaviors by 2.5%.





In 2021, over one quarter (26.3%) of **LGB** high school students reported attempting suicide in the prior 12 months.

That rate was **five times higher** than the rate reported among heterosexual students.

Overall, 45% of **LGBTQ** youth seriously considered attempting suicide in the past year, compared with 22% of youth overall.

U.S. Department of Health & Human Services. (2023, May 9). *Disparities in suicide*. Centers for Disease Control and Prevention. https://www.cdc.gov/suicide/facts/disparities-in-suicide.html



But what does "supportive" look like?





Appreciate and understand the diversity within the LGBTQIA+ community.

There is no one-size-fits-all!



Support the Coming Out Process

Thanks for trusting me with this information! Is this common knowledge or confidential?

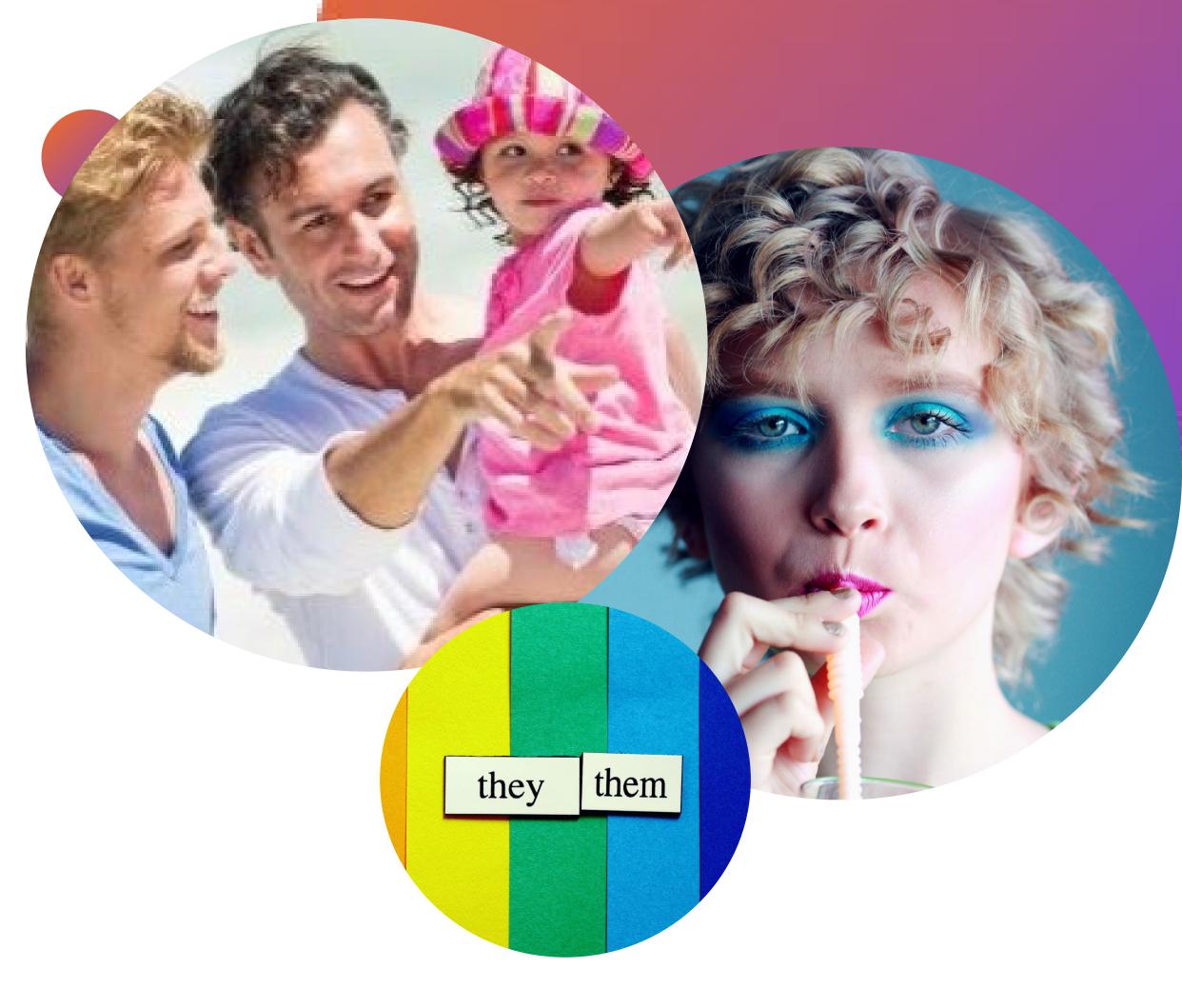
How can I support you?



Avoid Assumptions!

We don't assume name, please don't assume gender, pronoun, relationship, or family type.

Using gender neutral language wherever possible can help!





Call Out Negative Behavior

- 1. Immediately
- 2. Name it
- 3. Make it a teachable moment
- 4. Support the target
- 5. Hold aggressors accountable
- 6. Encourage them to hold each other accountable







Remember: LGBTQ+ identities are not a "taboo" topic!



Use Inclusive Materials

- 1. Teach about diversity in **nature**
- 2. Use **books** with a diverse set of characters and family structures
- 3. Remember the gay liberation movement in **US History**
- 4. Don't hide the **identities** of historical figures





This Photo by Unknown Author is licensed under CC BY-SA

This Photo by Unknown Author is licensed under CC BY-SA-NC



All-gender restrooms are important resources for those who don't feel safe in a gendered restroom.

Consider **privacy** in a locker room situation, or another space where participants may need to change their clothes.







The goal of any anti-bullying and harassment policy is to protect all students, but research has continually shown that enumeration, or specifying categories of students, is critically important for an effective policy.

Kosciw, J.G., Clark, C.M, and Menard, L. (2022). The 2021 National School Climate Survey: The experiences of LGBTQ+ youth in our nation's schools. New York: GLSEN.

According to GLSEN:





Enumeration should include characteristics like race, religion, sex, disability, sexual orientation, gender identity, and gender expression.

Research has consistently shown that: students experience less bullying and harassment

- they feel safer overall
- teachers are more likely to intervene to prevent incidents of bullying and harassment in a school with an enumerated antibullying and harassment policy.



Amanda Erickson (she/her) Director of Education & Outreach



PO Box 8104 Columbus, OH 43201 (614)-294-5437 www.KYCOHIO.org

f





K Shin (they/them/theirs)

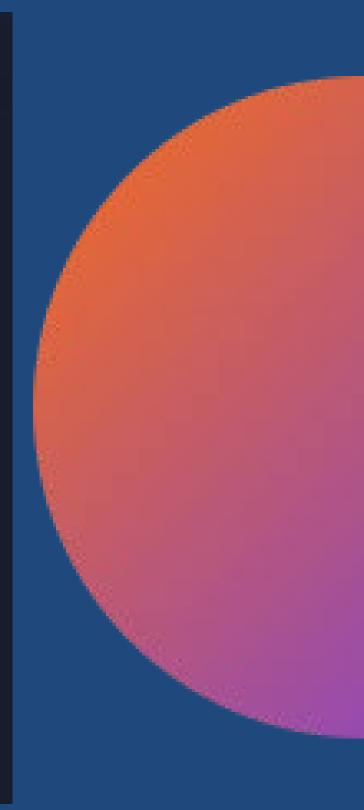






Sara Schaefer 🤣 @saraschaefer1

Learning people's pronouns??? What's next? I have to memorize someone's individual name out of the millions of possible other names?





Please let us know how you're feeling now that this training is complete.

Your response will help us evaluate and improve upon future programs!

tinyurl.com/kyctrainingeval



Contact Us



614-294-5437



info@kycohio.org



www.kycohio.org



@KYCOhio

