

# Understanding the Dynamics of Domestic Violence

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Voice of Survivor

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# What does Intimate Partner Violence look like?

- It's not just one thing – no form of power, control or violence should be overlooked or dismissed
- There are many tactics used by abusers to assert power & control
- There are many factors considered by survivors when making decisions to remain in the relationship or to leave
- Survivors need to be met with support, not judgment



## Forms of Intimate Partner Violence



Economic  
Abuse



Sexual  
Abuse



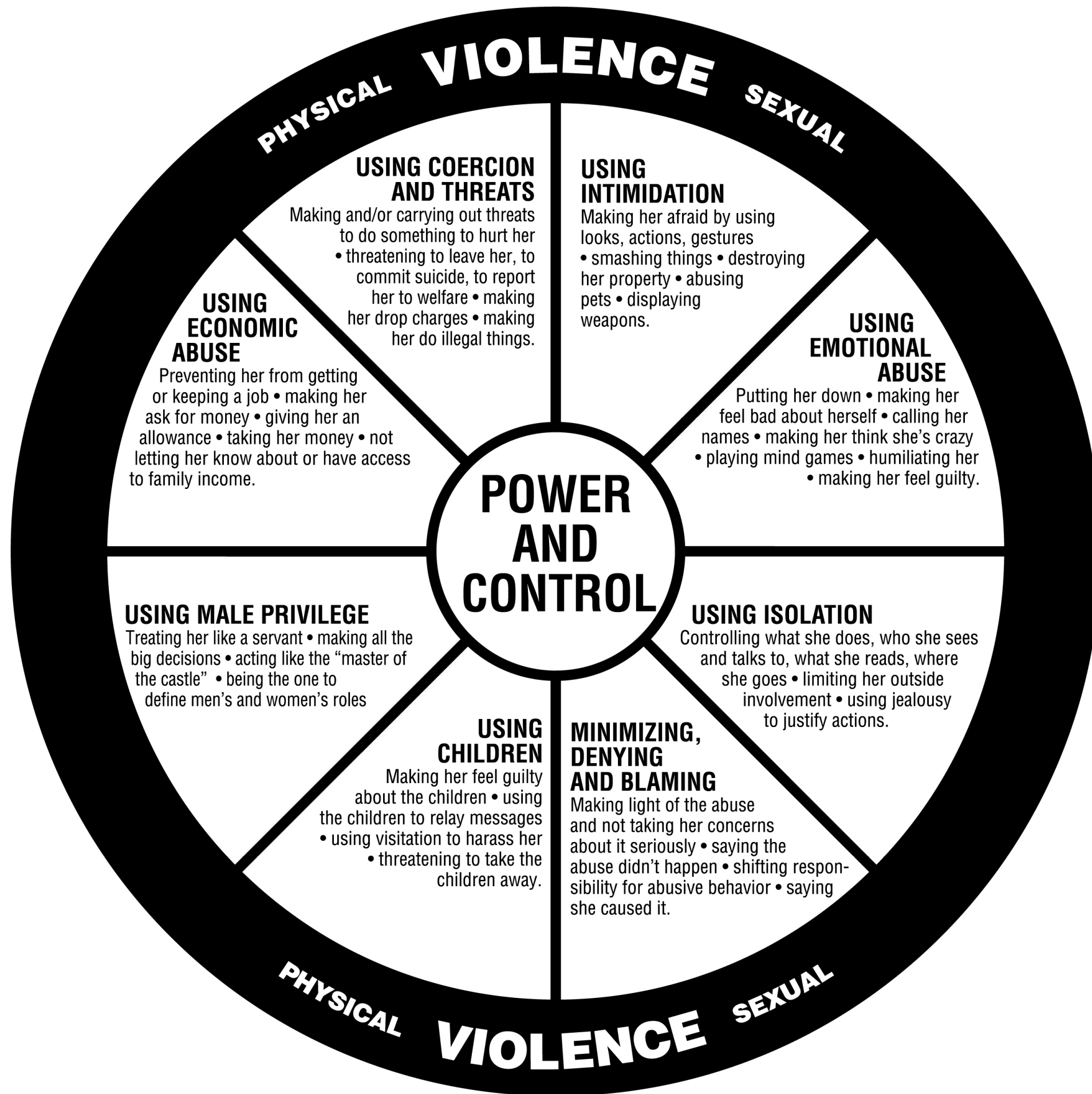
Psychological  
Abuse



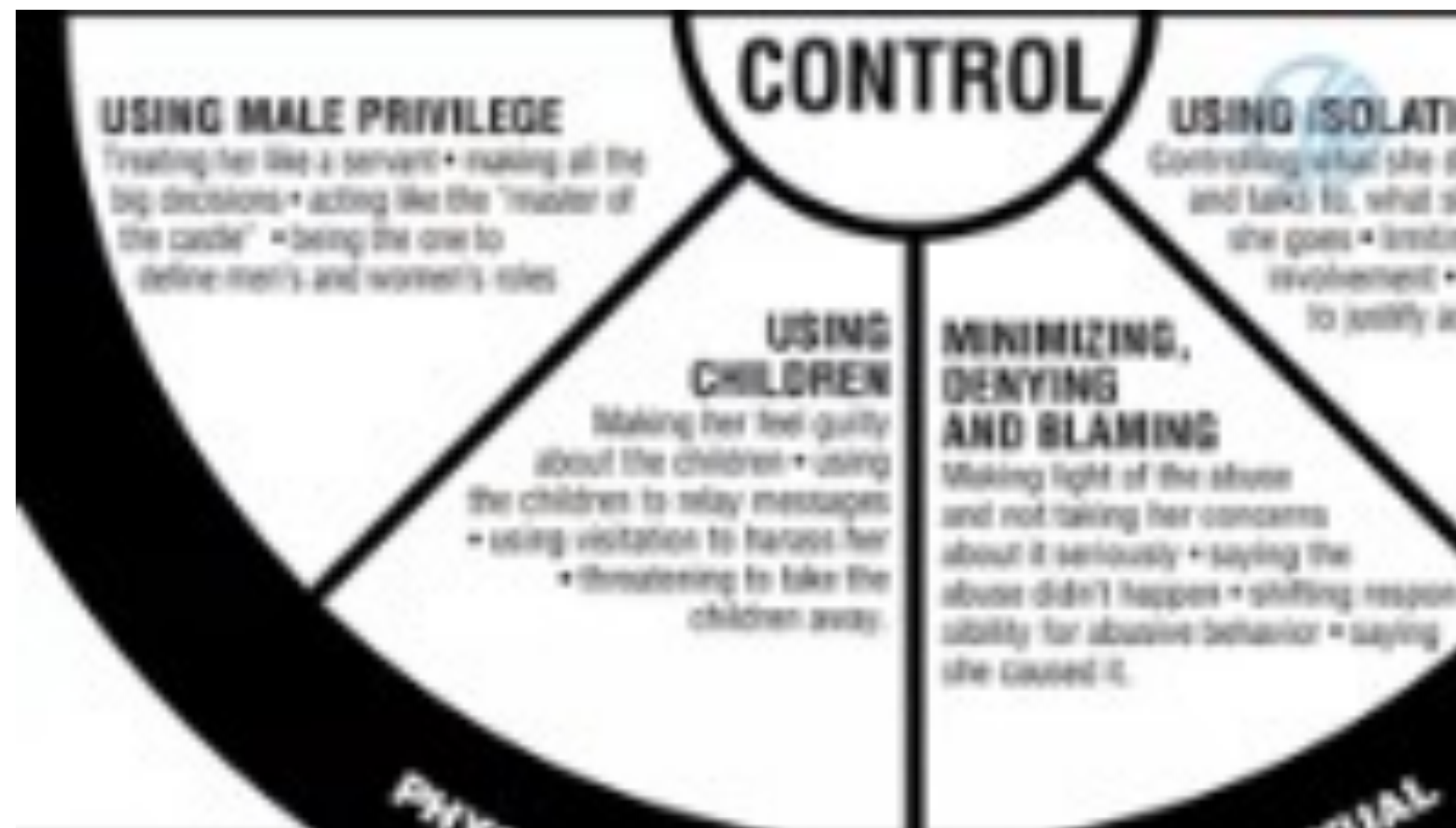
Physical  
Abuse



Emotional  
Abuse



# Understanding the Power and Control Wheel





An abstract graphic on the left side of the slide. It features a complex network of thin, grey, curved lines that intersect and overlap. Scattered throughout this network are numerous small, solid-colored circles in various colors including blue, orange, green, purple, and teal. Some of these circles are larger than others, and they appear to be connected by the network of lines, suggesting a web of relationships or data points. The background of this section is a light grey with some faint, scattered dots.

# Understanding the Survivor

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- **CAUTION: Survivor Presentation Differs**

- Survivors may not all present the same way
- There may be expectations about how someone “should” present or share their experience
- It’s important to remain open, validating, and supportive no matter how the information is shared
- Important not to minimize any type of violence shared

# Survivor Barriers

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# Potential for Lethal Outcome

## What we often hear about:

Access to weapons/threats

Strangulation

*Pending or actual separation*

Prior DV- escalating

Stalking

Controlling/Obsessive forms of DV

## Other Indicators:

- Violation of protection orders
- Child custody and access disputes
- Relocation of victim with children
- Age & marital status

Enhancing Safety: When Domestic Violence Cases are in Multiple Legal Systems (Criminal, family, child protection) A Family Law, Domestic Violence Perspective

Linda C. Neilson PhD

# Ways a Child is Exposed to a Batterer as a Parent

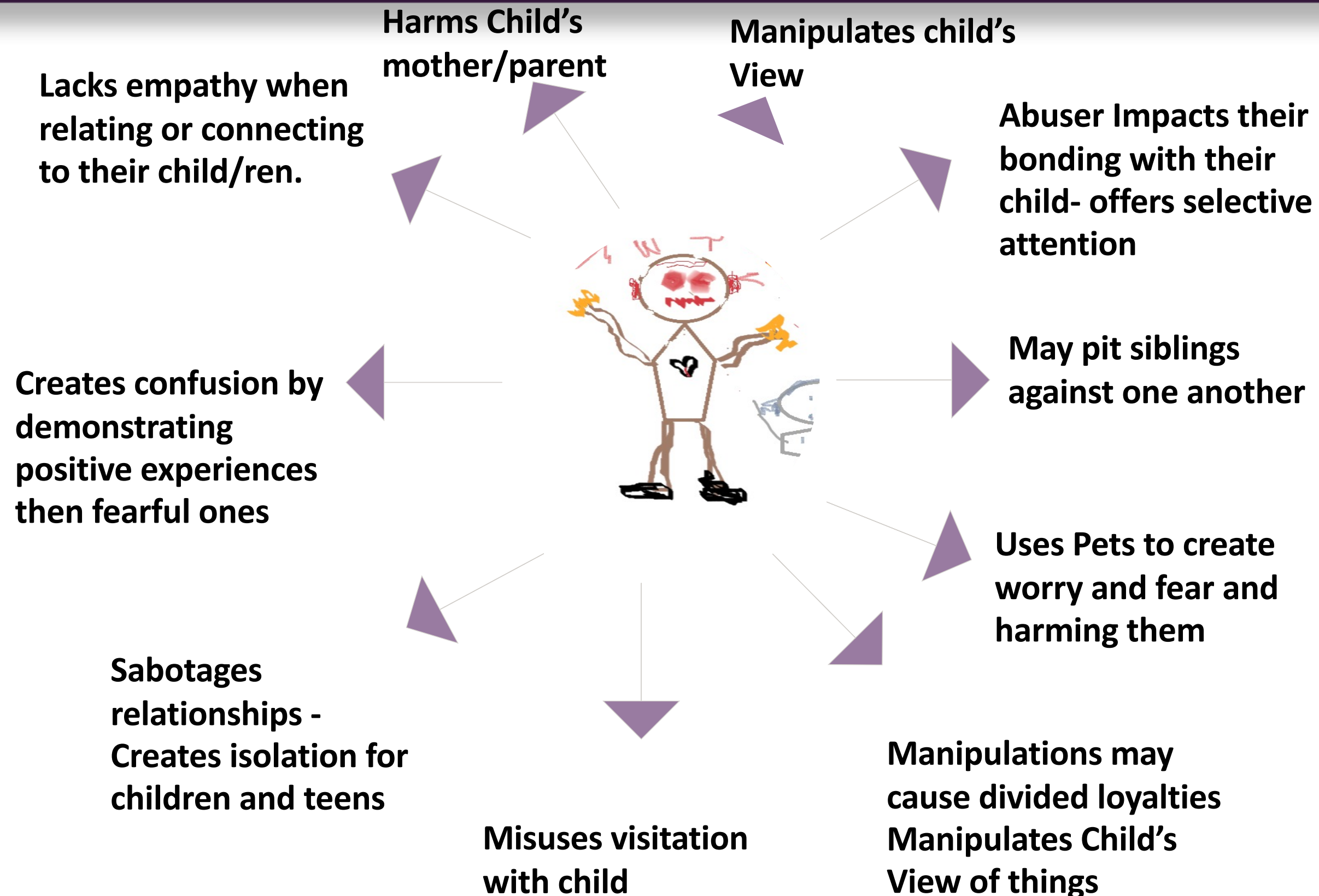
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- Seeing – watching it
- Hearing the fights
  - Hearing can be as upsetting without seeing
  - Being told about it
- Walk into the aftermath
- Being forced to comply in the argument or participate in the assault or demeaning of adult victim/their parent
- During visitation with a parent who is battering
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# Domestic Violence and its Impact on Youth





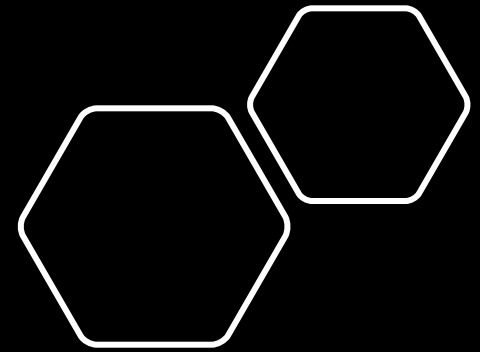


# Effects of domestic violence on children

- Safety
- Control
- Predictability
- Abnormal sleeping patterns
- Unhealthy eating habits
- Maladaptive coping skills
- Harmful role models



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# The Impact of Trauma

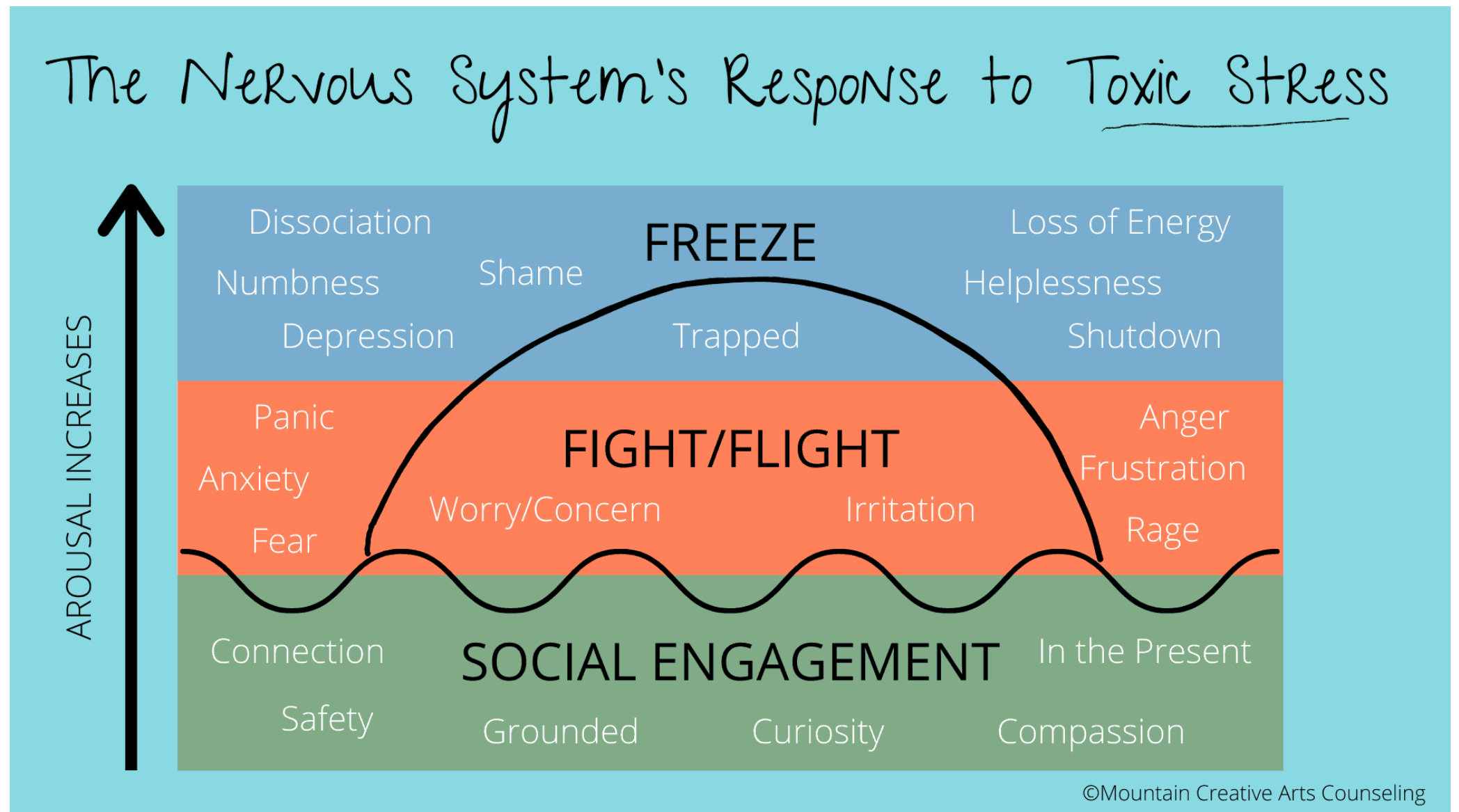
Trauma is the response to a deeply distressing or disturbing event that overwhelms an individual's ability to cope, causes feelings of helplessness, diminishes their sense of self and their ability to feel a full range of emotions and experiences.





# The Stress Response

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# Using a Trauma-Informed Approach for Survivors

- Identify your own personal biases
- Avoid victim blaming
- Important not to minimize any type of violence shared
- Allow the survivor to determine their own course of action
- Know your community resources

# Ohio Domestic Violence Network

## **Address**

1855 E Dublin-Granville Road, Suite 301  
Columbus, Ohio 43229

## **Website**

[www.odvn.org](http://www.odvn.org)

## **Phone**

614-781-9651

## **Follow us on social media!**







- Ohio Domestic Violence Network ([www.odvn.org](http://www.odvn.org))
- Crisis Text Line ([crisistextline.org](http://crisistextline.org))
- National Domestic Violence Hotline ([www.hotline.org](http://www.hotline.org))
- National Network to End Domestic Violence ([nnedv.org](http://nnedv.org))
- Danger Assessment ([dangerassessment.org/DATools.aspx](http://dangerassessment.org/DATools.aspx))
- Safety Planning ([thehotline.org/create-a-safety-plan/](http://thehotline.org/create-a-safety-plan/))
- [futureswithoutviolence.org](http://futureswithoutviolence.org)
- myplan app / RUSafe app