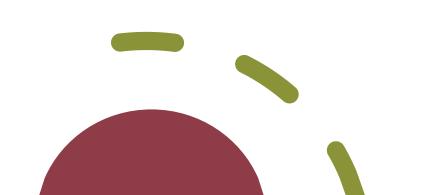
Understanding the Dynamics of Domestic Violence

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What does Intimate Partner Violence look like?

- It's not just one thing no form of power, control or violence should be overlooked or dismissed
- There are many tactics used by abusers to assert power & control
- There are many factors considered by survivors when making decisions to remain in the relationship or to leave
- Survivors need to be met with support, not judgment



Forms of Intimate Partner Violence



Economic Abuse



Sexual Abuse



Psychological Abuse



Physical Abuse



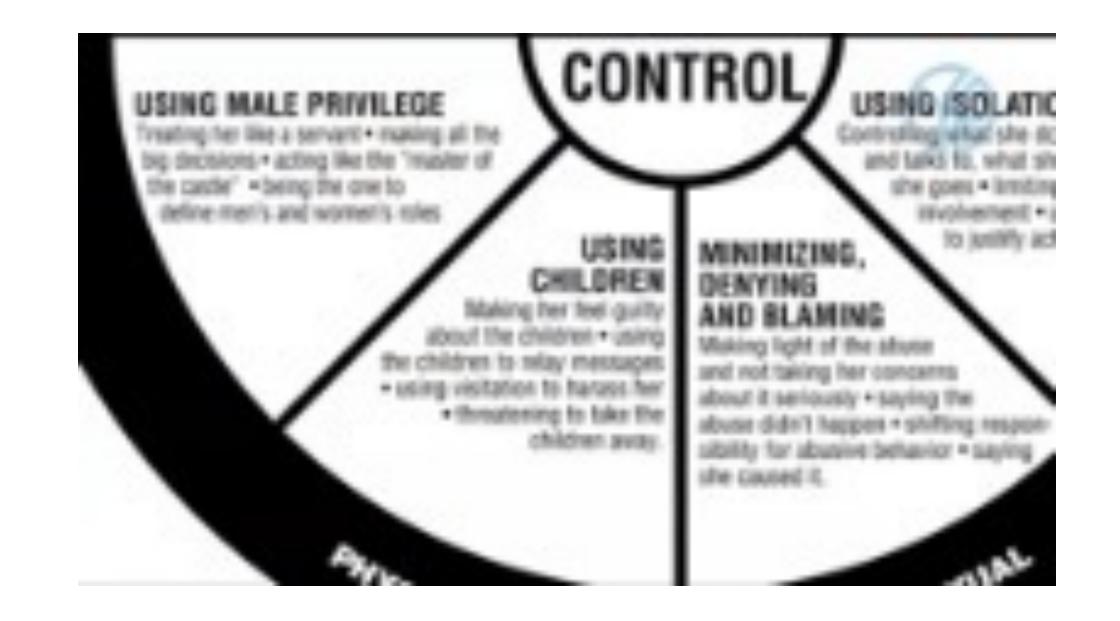
Emotional Abuse

PHYSICAL VIOLENCE SEXUAL **USING COERCION USING AND THREATS** INTIMIDATION Making and/or carrying out threats Making her afraid by using to do something to hurt her looks, actions, gestures • threatening to leave her, to • smashing things • destroying commit suicide, to report her property • abusing her to welfare • making **USING** pets • displaying her drop charges • making **USING** weapons. **ECONOMIC** her do illegal things. **EMOTIONAL ABUSE ABUSE** Preventing her from getting or keeping a job • making her Putting her down • making her ask for money • giving her an feel bad about herself • calling her allowance • taking her money • not names • making her think she's crazy • playing mind games • humiliating her letting her know about or have access **POWER** making her feel guilty. to family income. **AND CONTROL USING ISOLATION USING MALE PRIVILEGE** Treating her like a servant • making all the Controlling what she does, who she sees and talks to, what she reads, where big decisions • acting like the "master of the castle" • being the one to she goes • limiting her outside involvement • using jealousy define men's and women's roles to justify actions. USING MINIMIZING. **CHILDREN DENYING** Making her feel guilty AND BLAMING about the children • using Making light of the abuse the children to relay messages and not taking her concerns using visitation to harass her about it seriously • saying the threatening to take the abuse didn't happen • shifting responchildren away. sibility for abusive behavior • saying she caused it. VIOLENCE SEXUAL PHYSICAL

Understanding the Power and Control Wheel

Source: Duluth Model







Understanding the Survivor

CAUTION: Survivor Presentation Differs

- Survivors may not all present the same way
- There may be expectations about how someone "should" present or share their experience
- It's important to remain open, validating, and supportive no matter how the information is shared
- Important not to minimize any type of violence shared

Survivor Barriers



Potential for Lethal Outcome

What we often hear about:

Access to weapons/threats

Strangulation

Pending or actual separation

Prior DV- escalating

Stalking

Other Indicators:

- Violation of protection orders
- Child custody and access disputes
- Relocation of victim with children
- Age & marital status

Controlling / Obsessive forms of DV in Multiple Legal Systems (Criminal, family, child protection) A Family Law, Domestic Violence

stems (Criminal, family, child protection) A Family Law, Domestic Violence, Perspective Linda C. Neilson PhD

Ways a Child is Exposed to a Batterer as a Parent

- Seeing watching it
- Hearing the fights
 - Hearing can be as upsetting without seeing
 - Being told about it
- Walk into the aftermath
- Being forced to comply in the argument or participate in the assault or demeaning of adult victim/their parent
- During visitation with a parent who is battering





Domestic Violence and its Impact on Youth

Harms Child's

Lacks empathy when relating or connecting to their child/ren.

mother/parent View

Manipulates child's

Abuser Impacts their bonding with their child- offers selective attention

Creates confusion by demonstrating positive experiences then fearful ones

M ag

May pit siblings against one another

Uses Pets to create

worry and fear and

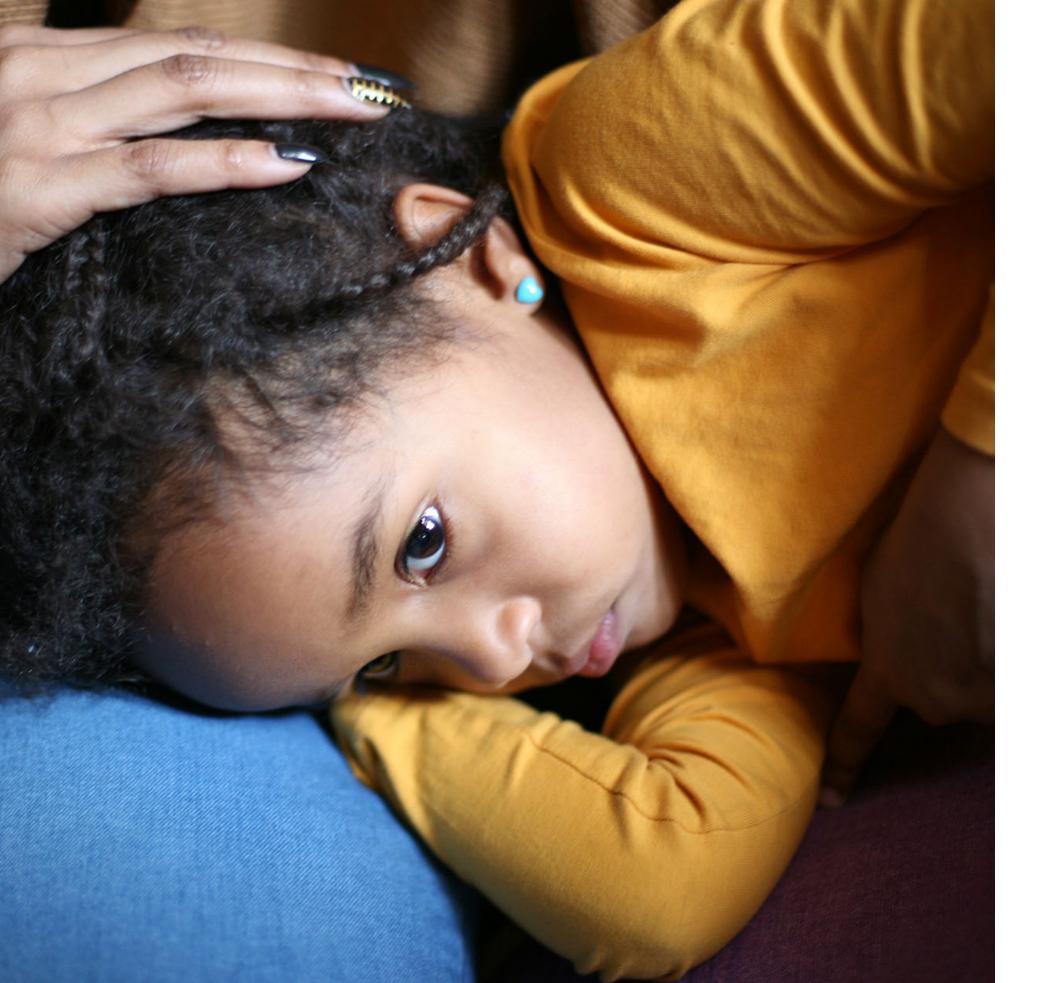
harming them

Sabotages relationships -Creates isolation for children and teens

Misuses visitation

with child

Manipulations may cause divided loyalties Manipulates Child's View of things

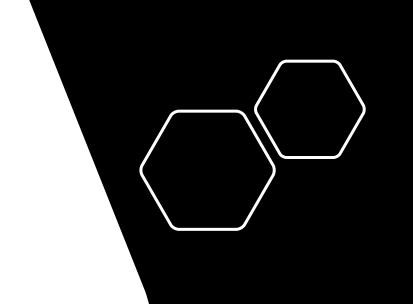


Effects of domestic violence on children

- Safety
- Control
- Predictability
- Abnormal sleeping patterns
- Unhealthy eating habits
- Maladaptive coping skills
- Harmful role models



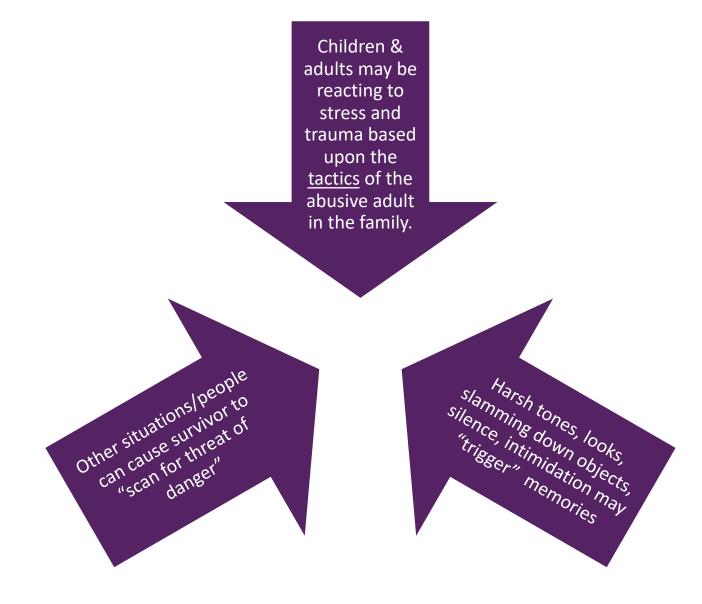
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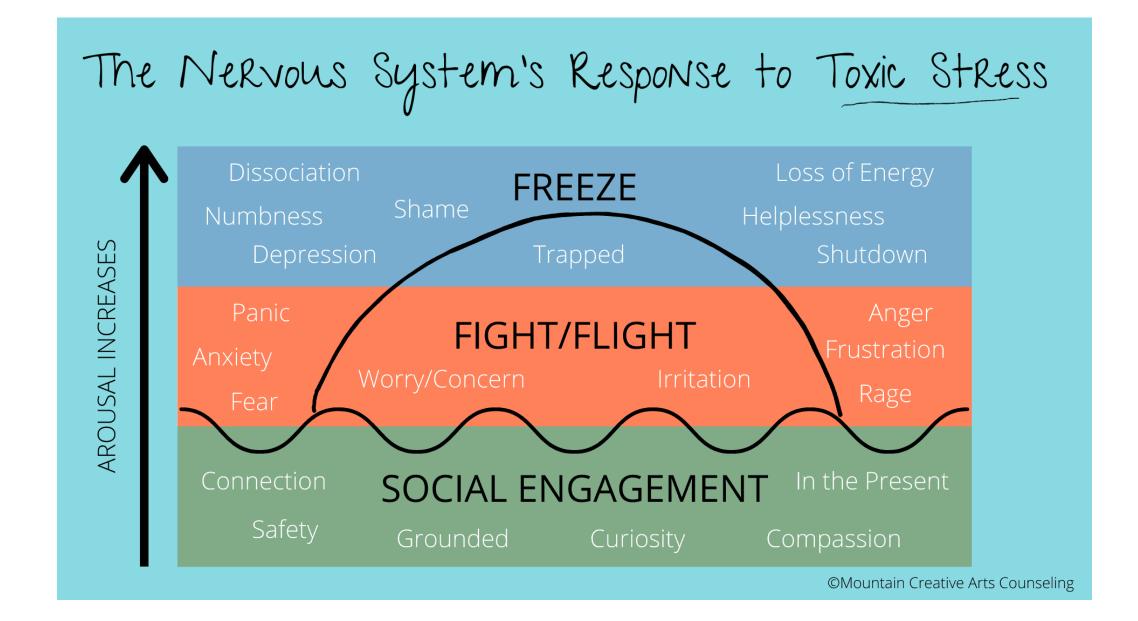


The Impact of Trauma

Trauma is the response to a deeply distressing or disturbing event that **overwhelms** an individual's ability to cope, causes feelings of helplessness, diminishes their sense of self and their ability to feel a full range of emotions and experiences.



The Stress Response





Using a Trauma-Informed Approach for Survivors

- Identify your own personal biases
- Avoid victim blaming
- Important not to minimize any type of violence shared
- Allow the survivor to determine their own course of action
- Know your community resources

Ohio Domestic Violence Network

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- Ohio Domestic Violence Network (www.odvn.org)
- Crisis Text Line (crisistextline.org)
- National Domestic Violence Hotline (www.hotline.org)
- National Network to End Domestic Violence (nnedv.org)
- Danger Assessment (dangerassessment.org/DATools.aspx)
- Safety Planning (thehotline.org/create-a-safety-plan/)
- futureswithoutviolence.org
- myplan app / RUSafe app